



Bylaws of Southern Indiana Running Club

Article I: The name of this organization shall be Southern Indiana Running Club (referred to as "SIRC" Located in New Albany, IN. It is an independent association of its members.

Article II: Purpose and Objectives the Club is established to foster the development of cross-country and track & field athletes, ages 5-18, participating in AAU, USATF, and CCCNYC competitions. The objectives of the Club include:

1. **Healthy Lifestyles:** To improve physical conditioning through an individualized and team training program with guidance on technique.
2. **Self-Discipline:** To encourage athletes to set personal goals and commit to a rigorous training program that balances the team aspect of running with the individual challenge it presents.
3. **Personal Development:** To provide skills that help children celebrate their own and others' achievements and handle adversity on the field and in life.
4. **Inclusion:** To promote friendship among children from diverse backgrounds in Southern Indiana and mentor all athletes to be the best they can be both on and off the track.

Article III: Basic Policies

1. The name of the organization or the names of any members in their official Capacities shall not be used in any connection with a commercial concern or with any Partisan interest or for any purpose not appropriately related to the purposes of the organization.
2. The organization shall not directly or indirectly participate or intervene in any Political campaign on behalf of or in participation of any candidate for public office; or Devote more than an insubstantial part of its activities to attempting to influence legislation by propaganda or otherwise.

Article IV: Membership

1. **Eligibility:** Membership is open to children aged 5-18 residing in Southern Indiana who have an interest in cross-country and/or track & field without regard to race, color, religion, creed or national origin.
2. **Registration:** Parents or guardians must complete and submit registration forms, pay the required fees, and agree to abide by the Club's bylaws and code of conduct.

3. Dues: Membership dues, if any, shall be set annually by the Club's Board of Directors.

4. Conduct: All members must adhere to the Club's code of conduct, which promotes sportsmanship, respect for others, and a commitment to the Club's objectives.

Article V: Governance

1. Board of Directors: The Club shall be governed by a Board of Directors, consisting of a President, Co-President, Vice President, Secretary, and Treasurer.

2. Elections: Board members shall be elected by a majority vote of the Club's membership at the annual meeting.

3. Terms: Board members shall serve a term of one year and may be re-elected. There is no term limit.

4. Meetings: The Board shall meet at least quarterly. Additional meetings may be called by the President or a majority of the Board members.

Article VI: Coaching Staff

1. Selection: Coaches shall be appointed by the Board of Directors.

2. Responsibilities: Coaches are responsible for developing and implementing training programs, overseeing athlete development, and promoting the Club's objectives.

3. Code of Conduct: Coaches must adhere to the Club's code of conduct and model the values of healthy living, self-discipline, personal development, and inclusion.

Article VII: Training and Competitions

1. Training: The Club shall offer regular training sessions, focusing on physical conditioning, technique, and mental preparedness. Attendance and participation are expected for all members.

2. Competitions: The Club shall participate in AAU, USATF, and CCCNYC sanctioned events. Members are encouraged to compete in these events, representing the Club with integrity and sportsmanship.

Article VIII: Code of Conduct

1. Athletes: Athletes are expected to demonstrate respect for teammates, coaches, officials, and competitors. They must commit to their training, follow coaching instructions, and strive to improve both individually and as a team.

2. Parents/Guardians: Parents and guardians are expected to support their children and the Club by fostering a positive and encouraging environment. They must respect the decisions of coaches and officials.

3. Coaches: Coaches must provide a safe, inclusive, and challenging environment for all athletes. They should encourage personal and athletic growth and maintain open communication with athletes and parents.

Article IX: Fiscal Year

1. The fiscal year of this organization shall begin on the first day of September and end on the last day of August.

Article X: Amendments

1. These bylaws may be amended by a two-thirds majority vote of the Board of Directors at any regular or special meeting, provided that notice of the proposed amendment(s) is given to all Board members at least two weeks prior to the meeting.